



CHANDA CENTER FOR HEALTH REMOTE SERVICES PROGRAM



OVERVIEW

The Chanda Center for Health (CCFH) pioneered integrative therapy access for people with disabilities, and has now partnered with Palco to bring a statewide remote option for access to integrative therapies for eligible Medicaid members on the Complementary and Integrative Health (CIH) waiver. This collaboration focuses on helping participants find an integrative therapy provider, including acupuncture, chiropractic, and massage, of their choice. The new remote service option is available to members who live at least 30 miles from the Chanda Center for Health clinic in Lakewood, CO.

To enroll, click [here](#).

CIH WAIVER ELIGIBILITY

The Home and Community-Based Services Complementary and Integrative Health (CIH) waiver helps individuals living with a spinal cord injury, multiple sclerosis, a brain injury, spina bifida, muscular dystrophy, or cerebral palsy receive integrative health services for improved quality of life.

To qualify for the CIH waiver, you must:

- Be 18 years of age or older.
- Have a qualifying condition of a spinal cord injury (traumatic or nontraumatic), multiple sclerosis, brain injury, spina bifida, muscular dystrophy, or cerebral palsy.
- Have been determined to have an inability for independent ambulation resulting from the qualifying condition as identified by the case manager through the assessment process. The inability for independent ambulation for the HCBS-CIH waiver means:
 - The individual does not walk and requires use of a wheelchair or scooter in all settings, whether or not they can operate the wheelchair or scooter safely on their own, OR;
 - The individual does walk but requires use of a walker or cane in all settings, whether or not they can use the walker or cane safely on their own, OR;
 - The individual does walk but requires “touch” or “stand-by” assistance to ambulate safely in all settings.
- Have been determined to be financially eligible.
- Have been determined to need long-term services and supports as you would receive in a nursing home or hospital.

Click [here](#) to learn more or contact your Medicaid case manager.

CHANDA CENTER FOR HEALTH

The Chanda Center for Health’s mission is to deliver, advocate, & educate for integrative therapy and other complementary services to reduce health disparities and costs by improving health equity and outcomes for individuals with physical disabilities through the support of donors, grants, special events, and community partners. The Chanda Center for Health believes that people living with long-term physical disabilities have the right to create their own healthcare path, live independently, and be active members in the community.

In addition to providing direct services, the Chanda Center for Health is an advocate organization that assesses healthcare barriers for persons with disabilities through systemic policy changes and/or improvements. The Chanda Center for Health continues to promote wellness, encourages movement, pain reduction, supports recovery, and improves the overall quality of life for persons living with long-term physical disabilities.



REMOTE SERVICES OPTION

The new remote service option is available to eligible CIH waiver members who live at least 30 miles from the Chanda Center for Health in Lakewood, CO. To enroll or learn more, click [here](#).



WHAT ARE PEOPLE SAYING ABOUT IT?

100%

of individuals receiving these services recommended that others with spinal cord injuries join this waiver program.

More than 75 percent of individuals receiving these services had a reduction in their self-assessed pain rating, while almost 90 percent of individuals reported less pain and experienced pain on fewer days.

57%

of individuals reported a decrease in the use of prescription medication.

Average pharmacy costs, practitioner care expenses, outpatient service costs, and skilled home health service costs decreased for individuals who received these services for at least one year.

77%

of individuals reported an increased range of motion.

Average ratings from the World Health Organization Quality of Life—BREF instrument showed an increase in all four health domains (physical, psychological, social, and environmental) for individuals receiving these services.