

West Virginia Personal Options Worker Additional Training Hours Resources (TBIW & ADW)

In addition to the initial and annual training requirements of the Personal Options program, workers providing services for an TBIW participant must complete an additional 2 hours per year of training and workers providing services for an ADW participant must complete an additional 4 hours of training per year focusing on enhancing direct care services delivery knowledge and skills. The following resources are approved sources for completion of the additional training.

- AARP (www.aarp.org): Provides advocacy, information, services & support. Provides online support groups for caregivers.
- Brain Line <https://www.brainline.org/>
- Leading Source of Information on Brain Injury, Blast Injury, Concussion, and PTSD in Children, Adolescents, Adults and Veterans <https://lapublishing.com/>
- WVCED Traumatic Brain Injury Program - <https://tbi.cedwvu.org/> 877-724-8244 Email: TBI@hsc.wvu.edu
- Alzheimer's Association (www.alz.org) - 1-800-272-3900. Information & support for people with Alzheimer's disease and their caregivers. Operates a 24/7 help line & care navigator tools.
- Alzheimers.gov (www.alzheimers.gov): The governments free information resource about Alzheimer's disease & related dementias.
- ARCH Respite Network (www.archrespite.org): Find programs & services that allow for caregivers to get a break from caring for a loved one. Provides online support groups for caregivers.
- Eldercare Locator (www.eldercare.gov) - 1-800-677-1116. Connects caregivers to local services & resources for older adults & adults with disabilities across the United States.
- Family Caregiver Alliance (www.caregiver.org) -1-800-445-8106. Information, education, and services for family caregivers. Provides a state-by-state list of services & support.
- WV Traumatic Brain Injury Services Waiver Training Modules
 - Each training module meets one hour of the four hours annual training focusing on enhancing direct care service delivery knowledge and skills for people with traumatic brain injuries.
 - Compensatory Strategies, Direct Care Roles and Responsibilities, TBI Overview <http://tbi.cedwvu.org/>

- Michigan Traumatic Brain Injury Online Training
 - Cognitive & Behavioral Consequences of Traumatic Brain Injury in Adults
<http://www.mitbitraining.org/>

- Center for Neuro Skills
 - Online continuing education modules <https://www.neuroskills.com/education-and-resources/continued-education/>
 - Currently there is a \$60/course processing and certification fee/person.

- Traumatic Brain Injury (TBI) Online Curriculum in North Carolina
 - Online continuing education modules (while there is some North Carolina specific information the primary focus of the modules is appropriate to anyone wanting brain injury information} <https://ncschoolpsychology.med.unc.edu/index.php/nctbi/tbi-online-curriculum/>

- Ohio Valley Center for Brain Injury Prevention and Rehabilitation
<https://wexnermedical.osu.edu/neurological-institute/neuroscience-research-institute/research-centers/ohio-valley-center-for-brain-injury-prevention-and-rehabilitation/for-professionals>

- Pennsylvania Homecare Association Learning Center <https://learningcenter.pahomecare.org/>
The following online courses are approved for TBI-specific training:
 - Consumer Choice and Independent Living Philosophy
 - Understanding IADLs
 - Assistive Devices to Helps Seniors and People with Disabilities
 - Maintaining Boundaries with a Consumer